What is claimed is:

- 1) A page-based personal logbook system comprising, in combination:
 - a) at least one plurality of pre-assigned fields adapted to assist entering of individual single-sport competition data relating to at least one plurality of individual-sports tournaments relating to at least one sport; and
 - b) at least one page organizer system adapted to assist page-organizing of said at least one plurality of preassigned fields relating to at least one plurality of individual-sports tournaments.
- The page-based personal logbook system according to Claim 1 wherein said individual single-sport competition data comprises at least one score based on input from at least one judge.
- The page-based personal logbook system according to Claim 2 wherein said at least one page organizer system comprises bound paper pages comprising said at least one plurality of pre-assigned fields.

- 4) The page-based personal logbook system according to Claim 3 wherein said bound paper pages comprise single views related to each of the at least one plurality of individual-sports tournaments.
- The page-based personal logbook system according to Claim 4 wherein said at least one pre-assigned field comprises tournament identification information relating to each of the at least one plurality of individual-sports tournaments.
- The page-based personal logbook system according to Claim 4 wherein said at least one pre-assigned field comprises competitors-identification information relating to each of the at least one plurality of individual-sports tournaments.
- 7) The page-based personal logbook system according to Claim 4 wherein said at least one pre-assigned field comprises judges-identification information relating to each of the at least one plurality of individual-sports tournaments.
- 8) The page-based personal logbook system according to Claim 4 wherein said at least one pre-assigned field comprises scoring data from each judge relating to each competitor relating to each of the at least one plurality of individual-sports tournaments.

- 9) The page-based personal logbook system according to Claim 4
 wherein said at least one pre-assigned field comprises
 winners-placement results relating to each of the at least
 one plurality of individual-sports tournaments.
- 10) The page-based personal logbook system according to Claim 4
 wherein said at least one pre-assigned field comprises
 personal points awarded relating to each said individualsports tournament.
- 11) The page-based personal logbook system according to Claim 1 further comprising:
 - a) at least one indicia element to identify the type of said at least one sport;
 - b) at least one indicia element to identify the name of at least one party sponsoring of the at least one plurality of individual-sports tournaments; and
 - c) at least one explanation of the scoring system

 proposed by said at least one party relating to use in

 the at least one plurality of individual-sports

 tournaments.
- 12) The page-based personal logbook system according to Claim 1 wherein said at least one sport comprises martial arts.
- 13) The page-based personal logbook system according to Claim 1 wherein said at least one sport comprises Taekwondo.

- 14) The page-based personal logbook system according to Claim 1 wherein said page-based personal logbook system comprises a paper-booklet-based system.
- 15) A page-based personal individual-sport tournaments logbook system comprising the steps of:
 - a) identifying at least one individual-sport area comprising, over at least one tournament season, a plurality of tournaments relating to individual competitors;
 - b) providing a plurality of logbooks, each comprising
 - i) at least one plurality of pre-assigned fields
 adapted to assist entering of competition data
 relating to such plurality of tournaments, and
 - ii) at least one page organizer system adapted to assist page-organizing of such at least one plurality of pre-assigned fields relating to such tournaments;
 - c) marketing such logbooks to at least one buyer; and
 - d) selling such logbooks to such at least one buyer.
- 16) The page-based personal individual-sport tournaments logbook system according to Claim 15 wherein the competition data comprises scores based on input from at least one judge.

- 17) The page-based personal individual-sport tournaments logbook system according to Claim 15 wherein such at least one plurality of pre-assigned fields comprise, relating to each such tournament, at least four such pre-assigned fields selected from the group consisting of:
 - a) tournament identification information;
 - b) competitors-identification information;
 - c) judges-identification information;
 - d) scoring data from each judge relating to each competitor;
 - e) winners-placement results; and
 - f) personal points awarded.
- 18) The page-based personal individual-sport tournaments logbook system according to Claim 15 further comprising the steps of:
 - a) identifying at least one scoring method relating to such at least one individual-sport area;
 - b) providing at least one explanation of such at least one scoring method; and
 - c) making such at least one explanation a part of each such logbook.

- 19) The page-based personal individual-sport tournaments logbook system according to Claim 15 further comprising the steps of:
 - a) collecting contact information from such at least one buyer; and
 - b) contacting such at least one buyer to solicit orders relating to such logbooks relating to at least one additional such at least one tournament season.
- 20) The page-based personal individual-sport tournaments logbook system according to Claim 15 further comprising the steps of:
 - a) providing printed such logbooks comprising a plurality of pages;
 - b) providing, relating to essentially each such logbook, a swivel binding system permitting essentially each such page, when bound, to swivel; and
 - c) binding such pages with such swivel binding system;
 - d) wherein such at least one page organizer system permits such pages, when bound, to comprise single views relating to each of such plurality of tournaments.

- 21) The page-based personal individual-sport tournaments logbook system according to Claim 20 wherein such page organizer system includes as part of such bound pages at least one indicia element selected from the group consisting of:
 - i) the type of such at least one individual sport area; and
 - ii) the name of at least one sponsoring party sponsoring such plurality of individual-sport tournaments.
- 22) The page-based personal individual-sport tournaments logbook system according to Claim 15 further comprising the step of offering such logbooks at a discounted rate to at least one party relating to fundraising purposes.
- 23) The page-based personal individual-sport tournaments logbook system according to Claim 15 wherein such at least one individual-sport area comprises martial arts.
- 24) The page-based personal individual-sport tournaments logbook system according to Claim 15 wherein such at least one individual-sport area comprises Taekwondo.

- 25) An Internet website computer system, relating to providing at least one personal individual-sport tournament logbook system, comprising, in combination:
 - a) computer processor means relating to taking orders relating to a plurality of logbooks, each comprising
 - i) at least one plurality of pre-assigned fields adapted to assist entering of competition data relating to a plurality of such individual-sport tournaments relating to at least one sport, and
 - ii) at least one page organizer system adapted to assist page-organizing of such at least one plurality of pre-assigned fields relating to such at least one tournament;
 - b) computer interface means relating to marketing such logbooks to at least one buyer; and
 - c) computer interface means relating to receiving payment relating to selling such logbooks at least primarily to such at least one buyer.

- 26) The Internet website computer system according to Claim 25 further comprising:
 - a) computer interface means relating to collecting contact information from such at least one buyer;
 - b) computer processor means relating to contacting such at least one buyer to solicit at least one order relating to such logbooks relating to at least one additional such at least one tournament season.
- 27) The Internet website computer system according to Claim 25 wherein such at least one sport comprises martial arts.
- 28) The Internet website computer system according to Claim 25 wherein such at least one sport comprises Taekwondo.
- 29) A page-based personal logbook system comprising, in combination:
 - a) pre-assigned fields means relating to providing at least one plurality of pre-assigned fields relating to entering individual single-sport competition data relating to a plurality of individual-sports tournaments; and
 - b) page organizer means relating to page-organizing of said pre-assigned fields means relating to such tournaments.